



**FREE
EVENT**



**TUESDAY
24TH NOVEMBER
10AM - 3PM**

Learn from different South Australian health care service providers about keeping your family healthy, preventing and managing diseases, and getting the most from the health care system in Australia.

10:00AM - 10:30AM
Parenting: Children and Family Services & Dance Play

10:30AM - 12:00PM
Community Services: Health & Immunisation Services SHINE SA, ARANAP, Diabetes SA, STARRS, Cancer Council SA

12:00PM - 12:45PM
ARA's Community Programs

12:45PM - 2:00PM
Lifestyle: Dr Yassin. Art as Therapy. Trauma Informed Yoga

WATCH ONLINE: facebook.com/australianrefugee